

# HALEY ANN SCHLECHTER

7505 Sawgrass Terrace, Gaithersburg MD, 20886  
HaleySchlechter@gmail.com | 610-750-1279 |

**EDUCATION** | **THE PENNSYLVANIA STATE UNIVERSITY, UNIVERSITY PARK, PA**  
BACHELORS OF SCIENCE: NUTRITION (APPLIED DIETETICS)  
3.84 GPA

**RELEVANT COURSES:** Perspective on Sustainability and Human-Environment Systems, Agro-ecology, Sports Nutrition, and Agricultural Business  
**Certifications:** Serve Safe 2015, CITI 2016, IRB 2013

**EXPERIENCE** | **DIETETIC INTERN NATIONAL INSTITUTES OF HEALTH** **SEPTEMBER 2016- CURRENT**

- Enrolled in a 10 month dietetic internship in order to sit for the dietitian exam
- Developing nutrition competencies in metabolic research, surgical oncology, experimental transplant oncology, infectious disease, diabetes, pediatric oncology, intensive care unit and others
- Counsel and care for patients in units as registered dietitian under the supervision of clinical RD's

**UNDERGRADUATE RESEARCH ASSISTANT CHILDREN'S METABOLIC KITCHEN** **FALL 2013- JUNE 2016**

- Presented research regarding maternal nutrition knowledge and child weight status at the Annual Obesity Society meeting in Los Angeles, Ca
- Publish work regarding children's food behaviors, intake and family economics
- Currently first authoring a paper regarding the relationship between child intake and sleep patterns
- Perform anthropometric measurements on both children and their parents
- Work in large teams to create and establish new studies
- Prepare and administer study meals using proper Serv Safe skills
- Collect, record and analyze data using Statistical Package for the Social Sciences (SPSS) and Food Processor

**ASSISTANT TO DR. KRIS CLARK PENN STATE SPORTS NUTRITION** **MAY 2014-MAY 2016**

- Conduct one-on-one nutrition counseling sessions to varsity athletes
- Created and gave a 90 minute lecture on alternative protein sources for a 400 level course
- Create sports nutrition related handouts for varsity athletes
- Prepare and conduct nutrition lectures for sports teams
- Administer body composition tests for entire teams using the Bod Pod
- Manage and aid in organization of main Fueling Station which provides food for all varsity teams
- Orchestrate inventory and accounting of all Fueling Station items

**ASSISTANT TO WENDY BOEHM R.D. THE HIGHLANDS RETIREMENT COMMUNITY** **MAY 2015-JULY 2015**

- Prepared weekly, quarterly and admission assessments of residents using the electronic health record using proper medical terminology
- Used alternative anthropometric methods for wheelchair bound residents to gather height measurements
- Created and presented a brochure, power point, game and poster at their Annual Health Expo
- Analyzed nutritional value of meals in order to assess if they met specific criteria
- Researched, tested and launched into Point-Click-Care a new nutrition risk assessment form

**TEACHING ASSISTANT FOR FOOD CHEMISTRY LAB PENN STATE UNIVERSITY** **AUGUST-DECEMBER 2015**

- Supervised active cooking classes of over 40 students
- Demonstrated proper knife skills and cooking techniques
- Enforced kitchen safety and sanitation
- Recorded and entered grades of all students

**NUTRITION COUNSELOR BELLEFONTE YMCA** **JUNE 2014-JUNE 2015**

- Gave one-on-one nutritional counseling sessions to adults
- Generated nutrition related articles for monthly newsletters
- Established and evaluated diets of YMCA members

**MANAGER AT THE JEWELRY SOURCE BLANDON, PA** **MAY 2009-PRESENT**

- Maintain high level of customer service
- Communicate with vendors to order and check status of orders
- Field complaints and explore solutions in order to satisfy customers' requests
- Facilitate and document yearly inventory of all in-stock jewelry
- Work one-on-one with customers to design custom pieces of jewelry
- Obtain wide range of knowledge regarding starting and running a small business

- LEADERSHIP** | **EDITH PITT CHACE AWARD WINNER** THE PENNSYLVANIA STATE UNIVERSITY APRIL 2015
- Recognizes outstanding leaders and scholars in the college of Health and Human Development
  - Nominated by Assistant Professor, Dr. Keller, who oversees the Metabolic Kitchen Lab
  - Awarded to me based on my work in research
- CAPTAIN & SECRETARY** PENN STATE CLUB TRACK AUGUST 2012- PRESENT
- Create and coordinate workouts with captains to enhance the team's performance
  - Evaluate and modify work out plans to better fit athletes' needs throughout the season
  - Handle administrative needs for club to ensure club records are up-to-date
- LEADER** JUMP START PROGRAM MARCH 2013-MAY 2015
- Communicated and advised students on how to have a smooth transition into college
  - Helped develop team building skills
  - Mentored and motivated incoming freshman to get involved
- MEALS ON WHEELS** VOLUNTEER AT SILENT AUCTION DECEMBER 2013
- Assisted in coordination and facilitation of event
  - Worked on a five person team to promote and sell tickets
  - Aided in the organization and accounting of all money and ticket sales

**REFERENCE** | **KATHLEEN L. KELLER, PH.D** ASSISTANT PROFESSOR, THE PENNSYLVANIA STATE UNIVERSITY  
Email: [klk37@psu.edu](mailto:klk37@psu.edu) Phone: 814-863-2915

**WEBSITE** | Visit <http://haleyschlechter.wix.com/growstrong> to learn more about me!

|